Getting Started with EndoTherm® med

For detailed instructions and a tutorial, see the (German) online help. Please alse read the (German) instructions, there are additional information on hazards.

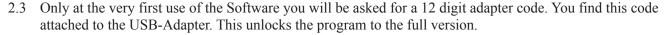
1. Installation

1.1 Insert the Endo Therm-CD into CD-drive and run *Setup.exe* (if autostart is disabled). If you downloaded a current version (*http://contol.endotherm.ch*), start the installation with with a doble click on endotherm 000.msi (000 refers to teh current version).

1.2 Follow the instructions on the screen. (See German installation instructions)

2. Inserting the chip

- 2.1 Place chip with label side *down* into the black USB-Adapter or as shown in the picture into the blue adapter.
- 2.2 Start program with a double click on the EndoTherm icon on the desctop: (First time after installation you can select *English* as language and *EndoTherm med* as program mode)



3. Start measurement

- 3.1 Click on Read Chip. or hit function key F2. (The last measured values will appear now.)
- 3.2 Start measurement with the clock icon or function key F6. (If necessary, select under Start measurement with: Wizzard auswählen.)
- 3.3 Enter Name, Pat-Nr. etc. and confirm with Next.
 - After all inputs made click on Finish.
 - if you selected Measurement protokoll: an event form for handwritten patient notes will be printed and the data logging starts.

(The Wizzard for adjusting a measurement is meant only for beginners. Later it will be more convenient to just use Schnell-Einstellungen (fast settings) with **functions key F5** or if you use always the same measurement parameter use Routine-Einstellungen (routine settings) (**function key F6**) See also 7.

3.4 Remove the chip with a paper clip from the adapter.

4. Actual measurement

4.1 Insert chip properly in caps (see picture) and confirm that they are safely interlocked.

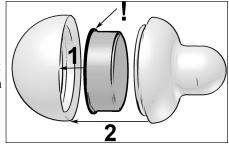
4.2a Rectal application

Slide finger cod over the cap, invert, rotate and knot close to the cap; cut off excess material. Patient inserts the cap coated with water based sliding gel (e.g. KY jelly). The attached safety cord should be stuck to the lower back with a band aid for convenience. During bowel movement the patient pulls out (if necessary, with a vinyl/latex glove) the probe temporarily with the help of the attached cord. At the completion of the data logging, the patient pulls out the probe, cleans it, wraps it in toilet tissue and hands it over to the assigned nurse.

For the completion of the measurement, clean probe, cut off and remove finger cod and thread, open caps, remove chip and place in disinfection solution. Dispose caps in approved bio hazard containers.

4.2b Vaginal application

Coat the EndoTherm probe if necessary with an appropriate gel and give it to patient for insertion into vagina. Please advise patient that probe may be expelled when urinating. To prevent such advise patient to attach safety thread at appropriate spot on belly or lower back.





5. Chip data evaluation

- 5.1 Attach chip (see 2.1), start chip (see 2.2) and read out chip (see 3.1): measured samples are displayed on the screen
- 5.2 Enter an event for the measurement data. Elect a particular event (e.g. high or low temperature peak) by clicking on it with the mouse cursor. (Exact time will be displayed on the data line)
- 5.2.1 Open the mouse menu by clicking the right button on the mouse.
- 5.2.2 Select events within the menu options.
- 5.2.3 Select the appropriate description in the appearing sub menu. (Click on appropriate description).
- 5.2.4 (Repead:) Select next event and execute 5.2.1 to 5.2.4 as appropriate.
- 5.3 Set start and end of the logged temperature data.
- 5.3.1 Point mouse cursor to the *earliest* point in time at which the data logging is valid.
- 5.3.2 Right click mouse on: selection start
- 5.3.3 Point mouse cursor on *last valid* point in time.
- 5.3.4 Right mouse on: selection end.

6. Saving measurement data

- 6.1 Icon or Press Function key F3.
- 6.2 Click with mouse on Save.
- 6.3 Save as chart in MS Office EXCEL (if necessary) by clicking on Icon or function key F4. Finish by clicking on save.

7. Start new measurement (daily routine)

This setting is used in the everyday life at the hospital, where all settings stay the same with the exception of patient name and patient no.

- 7.1 Open routine window with **function key F5**, enter patient name and no. (If the remaining settings must be changed, click change standard and enter appropriate changes.
- 7.2 click on Start measurement.

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